











To ensure quality of dishes it may be necessary to occasionally offer suitable alternative products to those shown on this menu without prior notice

Autumn Term 2016 - Menu supplied by Lacey Gardens Junior School

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 31/10/16 21/11/16 12/12/16	<p>*Spaghetti Bolognese or *Quorn Bolognese with Wholemeal Baguette & Sweetcorn Or Jacket Potato</p>  <p>Chocolate & Pear Sponge with Custard</p>	<p>Salmon Fishcake or Cheese & Vegetable Bake with Savoury Wholegrain Rice & Carrots Or Jacket Potato</p> <p>Oaty Mixed Fruit Crumble with Custard</p>	<p>*Baked Ham or *Quorn Sausages with New Potatoes, Baby Carrots, Broccoli & Gravy Or Jacket Potato</p>  <p>Fresh Fruit Salad/Yogurt</p>	<p>*Chicken Casserole or *Vegetable Casserole with Mashed Potato & Cabbage Or Jacket Potato</p> <p>Lemon Crunch & Custard</p>	<p>Crispy Chicken Fillet or Veggie Nuggets with Herbed Diced Potatoes & Garden Peas Or Jacket Potato</p> <p>Chocolate Brownie & Custard</p>
2 07/11/16 28/11/16 19/12/16	<p>Cheese and Ham Pizza or Cheese and Tomato Pizza with ½ Jacket Potato & Side Salad Or Jacket Potato</p>  <p>Lemon & Peach Sponge with Custard</p>	<p>*Cottage Pie or *Quorn Cottage Pie with Cabbage, Sweetcorn & Gravy Or Jacket Potato</p>  <p>Oaty Apple Crumble & Custard</p>	<p>*Roast Chicken & Stuffing or *Quorn Sausage with Roast Potatoes, Green Beans, Carrots & Gravy Or Jacket Potato</p>  <p>Fresh Fruit Salad/Yogurt</p>	<p>*Lasagne or *Vegetable Lasagne with Wholemeal Baguette, Peas & Sweetcorn Or Jacket Potato</p>  <p>Syrup Sponge with Custard</p>	<p>Fishcake or Cheese & Potato Bake with Oven Baked Wedges & Garden Peas Or Jacket Potato</p> <p>Iced Sponge</p>
3 14/11/16 05/12/16	<p>*Sausages or *Quorn Sausages with Mashed Potatoes & Green Beans Or Jacket Potato</p>   <p>Pineapple Sponge & Custard</p>	<p>*Chicken Pasta Arrabattia or *Vegetable Pasta with Petit Pois Or Jacket Potato</p> <p>Cherry Crumble & Custard</p>	<p>*Roast Beef & Yorkshire Pud or *Quorn Sausages with Roast Potatoes, Carrots, Cauliflower & Gravy Or Jacket Potato</p>   <p>Fresh Fruit Salad/Yogurt</p>	<p>*Chicken & Leek Pie or *Vegetable Lattice with New Potatoes & Broccoli Or Jacket Potato</p> <p>Rice Pudding</p>	<p>Fish Fingers or Veggie Fingers with Oven Chips & Sweetcorn Or Jacket Potato</p> <p>Fruity Flapjack</p>

Cheese, Beans, Tuna and Wholewheat Spaghetti Hoops available for Jacket Potatoes. Wholemeal bread, Fruit and Yogurts are available daily. All meat and vegetables are locally sourced.

* May contain nuts - For a full list of allergens please visit [Lacey Gardens Website www.laceygardens.lincs.sch.uk](http://www.laceygardens.lincs.sch.uk) * Freshly prepared on the premises